



# Classes Catalogue

FALL 2019 • *The Village Club*

190 EAST LONG LAKE ROAD, BLOOMFIELD HILLS, MI 48304 | 248-644-3450 | THEVILLAGECLUB.ORG

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## Invitation to Classes at The Village Club

Fall 2019 classes offer you opportunities almost daily to pause, learn, listen, and share with friends. Three new instructors join popular returning faculty. Topics range from Detroit’s historic Pewabic Pottery to awarding-winning foreign language films, from decluttering and downsizing to bourbon’s founding fathers and Vincent Van Gogh. Bridge and fitness classes cater to multiple skill levels. And there are four hands-on workshops. Find a class to fit your calendar and interests. Join us at the Club!

## The Village Club Mission Statement

Provide a unique private club experience and gracious, friendly environment for its members while offering cultural, educational, social and philanthropic opportunities, as well as casual and fine dining.

**CLASSES CHAIR:**

Trish Stoltz

**COMMITTEE MEMBERS:**

Margie Burch  
 Kay Duncan  
 Janice King

Joyce MacDonald  
 Kathi McWilliams

Debra Partrich  
 Tina Rowley

**YOUR PARTICIPATION  
 IS YOUR SUPPORT**





















## Instructor Highlights

### **BURKE, LAURA** **BRIDGE AND** **MAH JONGG**

Laura Burke began playing bridge a decade ago and was awarded her Life Master in August 2015. She has discovered bridge to be enriching, not only socially but also mentally and competitively. She enjoys teaching new and experienced students to appreciate and benefit from the great game of bridge.

### **BURNETT, MIRANDA** **SELF-EXPRESSION**

An experienced writer, editor, and coach, Miranda Burnett has been helping people write their life stories for almost two decades, and she has seen lives change for the better when people review their past and share their stories with family and friends. Her workshops encourage creativity and the discovery of hidden writing skills. Miranda is a Village Club member.

### **CATALLO, CARA** **HISTORY AND ART**

Local author and preservationist Cara Catallo knew about Pewabic from her grandmother who grew up in the pottery's eastside Detroit neighborhood. As an adult, Cara wanted to learn more, but couldn't find a definitive history so she set out to write one. Cara attended Cranbrook before transferring to Bard College at Simon's Rock in western Massachusetts. She earned her bachelor's degree there and a master's in journalism at Northwestern. She currently lives in Clarkston.

### **COHEN, MARILYN** **BRIDGE AND** **MAH JONGG**

An experienced Mah Jongg teacher for nearly a decade, Marilyn Cohen says she has played and enjoyed the game for most of her life.

### **CONNELLY, CATHERINE** **SELF-EXPRESSION**

A retired middle school teacher, Catherine Connelly is an experienced instructor of technology. By means of Apple's iOS updates, she stays current with new features and devices. A poet, she has published two books of poetry composed on her iPad: *The Nature of Poetry* (2010) and *I Feel Like the Weather* (2013). She donates the proceeds to the fight against cancer. Catherine is a Village Club member.

### **ESTHER, MAUREEN** **HISTORY AND ART**

Maureen Esther is a "history-teller," with a lifelong love for history and art. Educated at the University of Michigan and Oakland University, she continues to study these subjects through reading and research. For almost 30 years, she has shared her knowledge in presentations to audiences of all ages, on subjects ranging from King Tut to the Titanic, from Elizabeth I to the American Civil War.

### **FORGRAVE, KATHY** **WELLNESS**

Kathy Forgrave is an E-Registered Yoga Teacher (E-RYT) through the Yoga Alliance and lead instructor at the Beaumont School of Yoga Therapy Teacher Level 1 RYT 200 Training Program. She currently provides yoga therapy to the Beaumont patient population, and she teaches private and group yoga classes. She is also certified in Reiki, an alternative therapy known as energy healing.

### **GOLDNER WALSH** **GARDEN & HOME** **HOUSE AND GARDEN**

Goldner Walsh Garden & Home, in the historic district of Pontiac, is a landscape design-build company with a floral department, garden center, tropical greenhouse, and garden-plant nursery of almost 10 acres. In business since 1953, the company actively supports its local community and the arts, and hosts numerous events all year, from book signings and art openings, to weddings and corporate events.

### **GUSTAIRS, PAM** **FOOD AND DRINK**

Chef Pam Gustairs graduated with honors from the Schoolcraft College of Culinary Arts. She has participated in cooking classes at the Cordon Bleu in Paris and the Culinary Institute in Nice. Her own cooking school, "Cooking Up Good Taste," features hands-on cooking classes and catering of small events.

### **HARBOUR, LORI LICO** **WELLNESS**

A group fitness instructor for more than 25 years and a specialist in older adult fitness, Lori Lico Harbour is certified by the Aerobics and Fitness Association of America. She is a Foundation Training instructor and a specialist in brains and balance. She conducts fitness classes in community and senior centers throughout the area.

### **HAYES, TARA** **FILM AND BOOKS**

Tara Hayes, PhD, has advanced degrees in English and American literature, and film industry experience at Dream Works. Areas of special interest include early modern English drama, 19th-century American literature, and 20th-century film. Known locally as "The Book (& Film) Club Professor," she leads groups in lively discussions about works in print and film.

### **LUDWINSKI, LISA** **FOOD AND DRINK**

A 2019 James Beard Foundation finalist for Outstanding Baker (and semifinalist in 2017 and 2018), Lisa Ludwinski trained in New York before opening her own business in 2012. She has been featured widely in the national press, including *Bon Appetit*, *New York Times*, and *Eater*. Her 2018 cookbook, *The Recipes and Stories of a Big-Hearted Bakery in Detroit*, became an immediate *New York Times* bestseller and was named one of the three best baking books that year.

### **LUTZ, KAREN** **WELLNESS**

Karen Lutz is certified as an Experienced Registered Yoga Teacher (E-RYT) through the Yoga Alliance. She has taught in many yoga studios in the area and is currently the yoga instructor at Next, Birmingham's center for senior services, and at the Bloomfield Township Senior Center.

### **PEWABIC POTTERY** **HISTORY AND ART**

In continuous operation since it was founded in 1903, Detroit's world-renowned Pewabic Pottery is today a nonprofit organization that includes an active production pottery, museum and gift shop, and classes in the ceramic arts, onsite and in the community, for all ages and abilities.

### **ROOT, LYNN** **BRIDGE AND** **MAH JONGG**

Respected bridge player, Silver Life Master, and ACBL-certified bridge teacher, Lynn Root has experience teaching students of varying levels. She is an ACBL Club Director with responsibility for sanctioned bridge games in the surrounding area, and she has served on the board of the Southern Michigan Bridge Association.

### **RUSS, CATHLEEN** **FILM AND BOOKS**

Cathleen Russ has a background in public library administration and teaches in the library science program at Wayne State University. This is her 19th year leading The Readers book group.

### **STIEGER, CAROLYN** **HOUSE AND GARDEN**

A certified relocation and transition specialist, Carolyn Stieger was co-owner of Right Moves for Seniors, a company in Berkeley to assist people with all aspects of downsizing and moving. She has held prominent leadership roles in the industry, including serving as President of the National Association of Senior Move Managers (2013-15).

### **TECHLIN, PAULA** **FOOD AND DRINK**

Paula Techlin is an engineer at the General Motors Aerodynamics Laboratory; she holds BS and MS degrees from the universities of Michigan and Wisconsin respectively. Certified as a Bourbon Steward by Stave & Thief, the bourbon industry's credentialing program, she and her husband continue to build their personal "bourbon library" and participate in select barrel picks with Napa Valley Beverage in Sterling Heights. She is a Village Club member.

### **VAN VOORHIES, CARLENE** **HISTORY AND ART**

Carlene VanVoorhies pursues her lifelong interest in the arts with passion, as a traveler, collector, and educator. She has been an Interpretive Program Volunteer with the DIA for nine years. During that time, she has conducted public and private tours in the museum, and presented programs at community venues over 2,000 times.

### **WOOD, STEVE** **SELF-EXPRESSION**

Steve Wood is an artist, instructor, and former award-winning television host. He began painting at age 35, later than most professional artists, and studied with well-known painters across the country. He has won numerous awards for his landscape painting; his work hangs in both public and private collections. His passion is sharing his expertise with others to prove that anyone can paint. Steve teaches all levels of students in his studio, online, and onsite.

# *VC The Village Club*

190 EAST LONG LAKE ROAD  
BLOOMFIELD HILLS, MI 48304

PRSR STD  
US POSTAGE  
**PAID**  
PERMIT 615  
ROYAL OAK MI



*Sign up for classes today!*  
*Join Us at The Village Club.*

## 2019 Fall Classes Registration Form

NAME: \_\_\_\_\_ MEMBER NUMBER: \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

ZIP: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

CLASS (OR SERIES) NO.	CLASS (OR SERIES) TITLE	DATE/TIME	MEMBER FEE	NONMEMBER FEE
TOTAL COST:				

**Barrier Free Environment:** The Village Club is dedicated to providing a positive experience for all members and guests. If you need special assistance entering, exiting, or moving throughout the Club, please visit or call the Reception Desk (248-644-3450).

### Registration is easy!

- Four options:**
1. Call The Village Club at 248-644-3450.
  2. Fill out and mail this registration form to The Village Club.
  3. Register in person.
  4. Register online (members only) at [thevillageclub.org](http://thevillageclub.org).
    - a. Login
    - b. Click on Club Calendar in the Quick Links box on the left
    - c. Locate your class on the calendar
    - d. Click on the class to activate registration

**Payment:**

**Members:** Members, their spouses, and reciprocal club members will be billed on their monthly statements after the class has begun.

**Nonmembers:** Full payment is due at the time of registration in the form of a check payable to The Village Club.

**Materials Fee:** If a materials fee is charged, it is to be paid directly to the instructor in cash at the first session.

**Cancellation Policy:** A full refund will be issued for any class cancelled by The Village Club. Registrants will be notified by phone and/or email if a class is cancelled.

**Withdraw Policy:** A request to withdraw from a class must be received in the office at least two days prior to the first class meeting in order to receive a full refund.

**TVC Dress Code:** The manner of dress shall be governed by good taste in keeping with the character of the Club. Business casual attire is appropriate, as is tasteful denim and country club golf attire. Informal clothing, such as jogging suits, cargo pants, shorts, and printed tee shirts are not acceptable.